

# THE COSMO BULLETIN

EDMONTON COSMOPOLITAN CLUB  
ISSUE NO 5 | FEBRUARY 2024 | VOLUME 03



## For the LOVE of COSMO



*L-R: Front Row: Adele (beloved Cosmo friend), Shawna Large, Cassidy Eldering, Esther Hardy  
Back row: Tammy Allen, Lyle Hardy, Tim Kinniburgh, Angela McFalls, and Kathy Walker*

Our club does a Christmas party every year and this year we celebrated at Angela and Emma's house as Angela and Tammy made a wonderful feast. Followed by an unconventional gift exchange.

### Inside...

#### COSMO CHRISTMAS PARTY FOLLOW UP

See how much fun a Cosmo Christmas party can be!

#### EMBRACING FAMILY TOGETHERNESS

Don't forget to spend time with your family on Family Day!

#### OUR PRESIDENT'S MESSAGE

A message from the pen of our President.

#### FUN ZONE

Photos and monthly puzzle/challenge/joke

#### AWARD AWARENESS

Check out this new segment that will be in each issue to educate Cosmos about the awards we submit at the end of each year.

#### GOVERNORS CHALLENGE

New in 2023/24 our Governor has issued the challenge. Can we step up?

#### ANNIVERSARY'S

Check out who has a Cosmo anniversary this month.

#### MEMBER SPOTLIGHT

This issue with spotlight our beloved Treasurer Kathy Walker!

#### EDITORIAL COMMITTEE

Cheryl MacKenzie  
Cassidy Eldering  
Shawna Large

## Cosmo Christmas Party Follow-up! By Shawna Large

The Edmonton Cosmo Club had a wonderful Christmas with family, the Christmas donation event and closed Christmas off with a Christmas lasagna at Angela's!

We do gift exchanges a bit different because you are not allowed to purchase anything for your gift exchange present, we call it the re-gift gift exchange. The hot gift this year was Esther and Lyle's Christmas cactus that was stolen four times!



Emma making sure we are all having fun!



Shawna's gift fell getting into the house



Lyle coordinating the gift exchange!



## Embracing Family Togetherness by Cassidy Eldering

February isn't just about romance; it's also about cherishing family bonds. Family Day, observed worldwide on various dates, offers a precious moment to strengthen these ties.

This special day prompts us to step back from our busy lives and invest in the relationships that matter most. Whether it's sharing activities or heartfelt conversations, Family Day encourages meaningful connections. Beyond biological connections, Family Day embraces chosen families and communities, emphasizing the importance of support and belonging.

As February arrives, let's seize the opportunity to celebrate Family Day and reaffirm the love and unity that enrich our lives.



## President's Corner

Greetings,

The year is off to a great start! The deep freeze seems to be passing by and things are lining up for the 2024 convention very nicely!

We have finalized the registration form and registration is now open to everyone! Save your spot early!

I am including a sneak peak at the agenda, it is not all flushed out yet but I wanted to share it early to get your thoughts. Please let me or any member of the committee know if you have any questions or suggestions!

Yours in fellowship,  
Angela McFalls



Day 1 - Thursday July 18th		
Registration Table	8am - tba	Location TBA / Awards drop off
Bus to ADI	8:45am	Meet in Lobby, bus departs at 9am sharp *mandatory for anyone choosing to attend board meetings
CI Board Meeting	9:30am	ADI -- 9:30am-11:00am- break - resume 11:15am- 12:30pm
Bus to ADI	11:45am	Meet in Lobby. Bus departs at 12Noon sharp
Box lunch	12:30pm	ADI
First timers meeting	1:00pm-1:45pm	ADI
Mixer	1:00pm-1:45pm	ADI - for all those not attending 'First-Timers'
Education Session	2:00pm-2:45pm	Potential Facebook live tour for those not in person on tour with a Q&A Session afterwards
CHQ / Media	3:00pm	Gather in ADI lobby - Presentation at 3pm
Education sessions	3:15 pm-4:15p	ADI
Bus back to hotel	4:30pm	Leave from ADI lobby. Bus departs at 4:30pm sharp
PIP Reception	5:00pm	Hospitality Suite
GOLF!	6:00pm	Front 9 at hotel - included 'finger foods'
Back 9	7:30pm	optional - areas around hotel
Hospitality Room	7:30pm-11:00p	Hospitality Suite - Crown Parlour
Day 2 - Friday July 19th		
Registration Table	8am - tba	Location TBA / Awards drop off
Welcome Breakfast	8:00a-9:30am	Devonian
Education session	10:00a-12:00p	Room TBA
Luncheon	12:30pm	Room - The Devonian Speaker TBA
Awards Judging	Afternoon	Room TBA/ timing TBA
Free time	2:00pm	Free Time (Will Provide Options Later in the Spring '24)
Dinner / Entertainment	5:30pm	Taste of Edmonton - Meet in Lobby if you would like to join and go as a group, however you are free to go at your leisure
Hospitality Room	7:30pm-11:00p	Hospitality Suite - Crown Parlour

Day 3 - Saturday July 20th		
Buffet Breakfast	7:45am-8:45am	Room - The Devonian - Buffet available until 845am, coffee tea will remain
CDF/CFCI Beacon Breakfast	8:30am	Room - The Devonian 8:30am-10:15am
CI Delegates Meeting	10:30am	Room - The Devonian
Installation luncheon	12:30p - 2:00pm	Room - The Devonian - *2025 convention presentation also during this time
Education Session	2:15pm - 3:15pm	Room TBA
CI Board Meeting	2:15pm - 3:30pm	Room TBA
Education Session	3:30pm - 4:30pm	Room TBA
CDF Board Mtg	3:45pm - 4:45pm	Room TBA
Cocktails	5:30pm	Room - The Centennial
President's Banquet	6:30pm	Room - The Devonian
Awards	7:30pm	Room - The Devonian (Time TBA depending on meal)
Entertainment	8:15pm	Room - The Devonian
Day 4 - Sunday July 20th		
Continental Breakfast	7:30am-10:00am	Hospitality Suite - Crown Parlour
General Feedback	7:30am-10:00am	Hospitality Suite - Crown Parlour

# Edmonton Trivia

- 1. When was Edmonton's ring road, the Anthony Henday, completed?**

A. 2019                      B. 2008                      C. 2010                      D. 2016
- 2. Which southeastern neighbourhood was the first development planned and developed by City Planners?**

A. Mill Woods                      B. Castle Downs                      C. Terwillegar                      D. Summerside
- 3. Which Edmonton hockey team won Olympic gold for Canada?**

A. Flyers                      B. Mercury's                      C. Oil Kings                      D. Thistles
- 4. The Edmonton Protocol is a surgical procedure focusing on which human organ?**

A. Heart                      B. Lungs                      C. Pancreas                      D. Stomach
- 5. How long is Edmonton's River Valley stretch of parkland?**

A. 11 km                      B. 22 km                      C. 33 km                      D. 44 km

## Award Awareness by Tammy Allen



This month, I'd like to showcase the Cosmopolitan Big "C" Award.

This is a highly coveted award, presented to a Club (not an individual) at the International Level only, and has a lot of requirements to qualify.

The requirements are based on Club Commitment, Competence, and Cultivation:

Commitment:

- Present one of the following awards at a Club Level: Cosmo of the Year, Patrick J Hodgins Distinguished Member award, or Distinguished Service Award
- Community Service Projects, which is/are Cosmopolitan sponsored and publicized (in Cosmo Topics)
- Conduct a fundraiser or make a contribution to a diabetes project
- Club President or current club office attend immediate past federation convention or be registered prior to judging of awards for the current year International Convention
- Club President or current club office attend immediate past International convention or be registered prior to judging of awards for the current year International Convention
- Submit an article for Cosmo Topics to Headquarters

Competence - Club must meet all the following competence requirements:

- Current in all accounts payable to International
- Publish club bulletin at least monthly with Headquarters on mailing list (may include electronic submissions)
- Club Annual Plan submitted to Headquarters

Cultivation:

- Build a new club OR a net increase in membership as of the end of the Cosmopolitan year on June 15





## GOVERNORS CHALLENGE

You've heard about it, but what can you do to help earn those points?

There are a lot of fun things that club members can do to help earn those all important points. This is a bragging rights challenge! Who's got COSMO Spirit? **"WE DO, WE DO!"**

JUST A FEW ITEMS ON THE CHALLENGE LIST....

- 1 WEAR DIFFERENT COLOR SOCKS! (Yes, good for points!)
- 2 WEAR A TEAM JERSEY!
- 3 HAVE AN IDEA FOR A SPEAKER, LET PRES. ANG KNOW!
- 4 SUBMIT A REPORT TO THE COSMO TOPICS!
- 5 RECRUIT A NEW MEMBER, THE BENEFITS TO THE CLUB ARE ENDLESS, ***GROW COSMOS GROW!***



**Happy Anniversary to**

**Susie Sevcik**

**Congratulations non celebrating a fantastic 20 years with the Cosmos! Thank you for all your dedication!**

# Member Spotlight – Kathy Walker



Kathy joined the Edmonton Cosmopolitan Club in April of 2018. Since joining she has been a key member of the club and has been the treasurer for the majority of her service. Kathy is active with Rockin’ August as she is the secretary for the board and a key member organizing volunteers. She is also very involved with the Western Canada Federation and Cosmopolitan International. She is always there to help anyone and everyone.

We took a few moments to ask Kathy some questions to help you get to know her:

**Favorite Activity:** spending time with her grand children

**Favorite Color:** Blue

**Favorite Food:** Cheese

**Favorite Vacation Spot:** Home (Nova Scotia)

**Favorite COSMO Moment:** presenting a cheque for research at ADF on Cosmo Day!

## OUR CLUB:

### EDMONTON COSMOPOLITAN CLUB

**Location:** Edmonton, Alberta Canada

**Email Address:** [edmontoncosmoclub@gmail.com](mailto:edmontoncosmoclub@gmail.com)

**Club Website:** [edmontoncosmoclub.org](http://edmontoncosmoclub.org) (under development)

**Western Canada Federation:** [wcf-cosmopolitan.org](http://wcf-cosmopolitan.org)

**International Website:** [cosmopolitan.org](http://cosmopolitan.org)

**Cosmopolitan Foundation Canada:** [cosmofoundationcanada.org](http://cosmofoundationcanada.org)

**Meetings:** 2<sup>nd</sup> (Bus.) & 4<sup>th</sup> (Social) Monday of month.

**Timing:** 6:30pm-8:30pm (Dinner optional)

**Locations:** 2<sup>nd</sup> Monday – Boston Pizza, 170<sup>th</sup> Street  
4<sup>th</sup> Monday – Announced at the prior mtg.

#### OFFICERS:

President:	Angela McFalls
1 <sup>st</sup> Vice President:	Tammy Allen
2 <sup>nd</sup> Vice President:	Tim Kinniburgh
Treasurer:	Kathy Walker
Secretary:	Susan Sevcik
Sargent at Arms:	Tammy Allen

#### UPCOMING MEETINGS/EVENTS:

**March 11<sup>th</sup>:** EDM Business Mtg (6:00pm)

**March 25<sup>th</sup>:** MINI Golf Tournament event (6:30pm) at WEM

*Remember, every event is a Member Recruitment Event!*



### 2023-24 CLUB ROSTER (15):

- Allen, Tammy
- Bavle-Bannister, Amanda
- Cherwaty, Patti ('23 - New)
- Dory, Rick
- Eldering, Cassidy
- Hardy, Esther
- Hardy, Lyle
- Kinniburgh, Tim
- Large, Shawna
- MacKenzie, Cheryl
- MacPhee, Jackie ('23 - New)
- McFalls, Angela
- Saunders, Kimberley ('23 - New)
- Sevcik, Susan
- Walker, Kathy

Honorary:

- Gary & Charlene Jurke

Last Meeting Attendance (01/08/24): 10