

**OCTOBER 21 2023** 

Hello Fellow Cosmos

Well, it has been a busy year for me so far! My goals as Governor are:

- Increase Membership
- Encourage award submissions and review/enhance the process of honoring the award recipients!
- Introduce a Governor's Challenge to foster communication, recognize the hard work each club does, and celebrate our achievements.

My theme is SOAR and ROAR: SOAR - aspire to be the best we can be and ROAR - tell each other and our communities about the significant work we do to support diabetes research and be proud of what we do!

As part of my goals, I feel that good communication with you about the federation activities and CI is key to our success.

I have a great team to work with. They are all supportive and assist when needed. In August, I provided the WCF Executive with links to our Procedures Manual (for all WCF positions), the WCF Bylaws, and the WCF Awards Manual. I also advised that we had received a resignation from Brent Brodeur, one of our three Lt. Governors and how we need to fill it according to our bylaws.

We met via Zoom on September 7<sup>th</sup>. We have established monthly meeting dates. I also sent emails to the Presidents and Secretaries to welcome them, introduce myself, introduce the Governor's Challenge and asked the Presidents to complete and submit their Annual Plans to me, Richard Gorton, CI President, and Melvina Newman, CI Executive Director. Thank you, Presidents, as I have received an Annual Plan from every Governor.

At our first WCF meeting, we established regular meeting dates. In addition, Cheryl, John, and I met as committee to look at the possibility of a Social Fun Gathering. I am pleased to say that the Cosmo Fun Gathering happened this past weekend. It was so good to meet our fellow Cosmo friends and just have fun, take walks, play games, and eat! I hope it is the first of many! We have also set up a committee to look at awards – how we can encourage more submissions, review the process for selecting winners, and make the award more prestigious and appealing for award winners. There are also several other projects in the works such as the tutorial software program that Cheryl will be working on soon.

Cosmo Day is approaching quickly. Congratulations to all clubs that are setting up activities and celebrating Cosmo Day in whatever way they are able. Please share your ideas with other clubs so we all gain more inspiration for making this day a success.

I have sent out the first and second edition of the Governor newsletter. I know, I know they are somewhat lengthy, but I hope they are providing the information you need and want. If not, let me know and I'll add other items you think I should cover. In addition to the newsletter, I have set up an email system to try to ensure that I am sending important information to all members as I receive it.

I am thankful for all clubs that took me up on the Governor's Challenge. It is going to be quite a competition with many clubs vying for first place. I hope we have fun with it. I'll let you know in the upcoming newsletter who placed first for September and no it wasn't the Wascana Club at the end of day!

I am working on a schedule to arrange for official Governor visits. I have a few planned already and hope to get to each club this year. I also hope to join each club via Zoom for one of your meetings, just to check in and see what clubs are doing.

I am thankful for the opportunity to be your Governor. No wonder I am a Cosmo - everyone I have had the pleasure of dealing with – the WCF Executive, the Presidents, the Secretaries, and the members are just a great bunch of good people doing a great job. Thank you for all you do in the name of Cosmopolitan and finding a cure for diabetes!

Yours in Cosmopolitan Karen Shepherd



# WCF MID TERM TREASURERS REPORT

September 28, 2023

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Current account	\$ 6,769.45
Terms GIC's	21232.48
	<u>\$28,001.93</u>
Dues receivable	
Calgary	\$ 130.00
Regina	150.00
Saskatoon	220.00
	<u>\$ 500.00</u>
Other receivables	

\$ 1,410.38

This is financial report to September 28, 2023

Keith Shepherd Treasurer WCF Cosmopolitan

Saskatoon



The first few months of our new year have definitely been busy ones.

- Representing our Governor at the International Convention:
   Norfolk put on a great convention. Highlighting the need for refocusing our efforts on membership growth; communication within our current membership and identifying a new International Project.

   The new executive of CI is focused on delivering on each of these topics.
- Providing support to the Governor in the launch of her **Governor's Challenge** Initiative: The challenge is well underway. Governor Karen will keep the updates coming.
- Assisting in the coordination of the first Cosmo Fall Fun Weekend:
   The event was hosted at Lost Creek Resort, Waskesiu Lake, North Saskatchewan. We had 16 weekenders and another couple that visited for the day. It was a weekend of food, fire and games. Fun was had by all.
- Ongoing COSMO Academy Development:

Moving through the contracting process for the acquisition of Ability by PetroSkills. This is the online SaaS solution that will support the build out of COSMO Academy. The contract is complete and going to signature on Monday, Oct 23<sup>rd</sup>. We anticipate having access to the site in the next couple of weeks where content will start being loaded. We are steps away from being able to launch learning opportunities.

### • Review of WCF Board Procedures Manual:

Although there may not be a lot to revise, reviewing for any changes and adjusting layout styles. It is important to keep the document current to aid future Board Members.

#### Updating of WCF Website:

It is important that the site constantly be updated to encourage CI Members to use it as a way to stay informed. If you have been on the site lately, we have made a couple of changes:

- Calendar: If you submit your events and meeting schedule, we will put these events on the calendar.
   This allows travelling Cosmo Members to have the opportunity to visit or offer assistance when timing is right.
- Club Newsletters: We are now including club newsletters on the Clubs page. Watch for the purple box on the top of the Club page. Stay up to date with clubs in the Federation by reading their newsletters. Do you have a newsletter that you would like posted on the site? Send it over to <a href="mailto:cherylmackenzie@gmail.com">cherylmackenzie@gmail.com</a> and I will make sure it is posted.

• **News Bits:** Send pictures and stories to be posted on the site. The more we get, the more current the site will be which encourages engagement.

We have received the list of CI Board Meetings. I will be taking the opportunity to attend and learn as much as I can in preparation to follow Governor Karen next year. Karen is a force and is proving that she will leave big shoes to fill.

I look forward to continuing with the work that I have started this year. If anyone has an interest in website maintenance/updating or content writing, please reach out. I am very interested in sharing the opportunity with others who would like to assist.

Regards,

Cheryl MacKenzie

WCF Governor Elect Cell: 780-907-1034

cherylmackenzie@gmail.com



#### October 2023

Over the past years I have seen a decline in clubs sending their award entry forms.

As a result, we will be trying to bring focus back to the club and individual awards.

A copy of the Awards Program Manual will be sent out to all club presidents and secretaries.

There will be some exciting changes coming to bring back focus to the importance of the awards. A committee has been formed to review how and when the awards are being judged and presented. If anyone wants to be a part of these exciting changes or has any suggestion for award program improvements, please send me a note at <a href="mailto:ghendricksoin@shaw.ca">ghendricksoin@shaw.ca</a>.

For those who are not familiar with the awards please see below

#### Club Awards

- 1. Yearbook
- 2. Newsletter
- 3. Club Community Service
- 4. Big "C"
- 5. Visitation Award
- 6. Membership Increase Award Clubs with Membership Over 30
- 7. Membership Increase Award Clubs with Membership Under 30
- 8. Attendance Percentage Award
- 9. Distance Travelled Award

## **Individual Awards**

- 1. Club President of the Year
- 2. Rookie of the Year
- 3. Cosmopolitan Member Community Service
- 4. Cosmopolitan of the Year
- 5. Patrick J. Hodgins Distinguished Member

Yours in Cosmopolitan, Gord Hendrickson